



Wednesday
October 22, 2025

Heritage Woods
Secondary

“WE ARE KODIAKS”



Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



My Weekly Planner Flex Booking System

Follow the link below (also found on HWSS) website

Log in with your student number and password

Enter numbers only for your student number

Your default password is your student number

Set new password on first log in

Instructions to book your flex space were emailed to you

<https://hwss.myweeklyplanner.net>

FLEXpectations



- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored



Fragrance Free


Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of fragranced products, and to replace them with unscented alternatives.



AP Calculus Exam Registration

- If you are **NOT** taking AP Calculus in second semester with Ms. Weinkam but would like to register to write the AP Calculus Exam in May 2026, please email Ms. Mazzucco (rmazzucco@sd4.bc.ca) by Friday, Nov. 7th.



Language Challenge Exam ?

- Information now available outside the counselling office!
- Review the information package
- Completed applications due to Ms. Watt by October 22nd!!
- **LATE APPLICATIONS WILL NOT BE ACCEPTED**

Society of Academic Philanthropists

NEED HELP WITH CLASSES?

Sign up for a tutor!

Reach out by email or Instagram!

✉ hwsoaptutor@gmail.com

📷 [@hwsoaptutoring](https://www.instagram.com/hwsoaptutoring)



BUY YOUR YEARBOOK

INFO

- Available on School Cash Online
- We sold out last year, so don't miss out!
- No extra copies will be ordered.
- You must have all school fees paid in order to pick up your book.

\$60

Buy before
December 19



YEARBOOK NAMES

**DEADLINE
IS
NOVEMBER
14**

- Every year, the photo company sends us a list of names with the school-day portraits. Sometimes errors appear (misspellings, missing given names, etc.). We need students to confirm their names before the yearbook goes to print.
- Have your child check to see if their name is spelled correctly on the papers taped to the office doors.
- If your name is correct → no action needed.
- **If you want changes** (spelling, given name, error) → fill out the Yearbook Name Correction Form by Nov 14.
- **If your name is missing** → your portrait was not provided and will not be in the yearbook.
- Not for grad photos. Grade 12s must check spelling though – this is how your name will be printed.
- **Use your school email to submit the form.**
-  Scan the QR code or visit:
- <https://forms.office.com/r/f4aFYCA7X0>
- **?** Questions? Email Mrs. Miklossy: cmiklossy@sd43.bc.ca



Coupon Books Get some great deals! Save Money!!

Log into your Cash-On-Line
You can purchase as many
books as you want.
Only \$35 dollars.

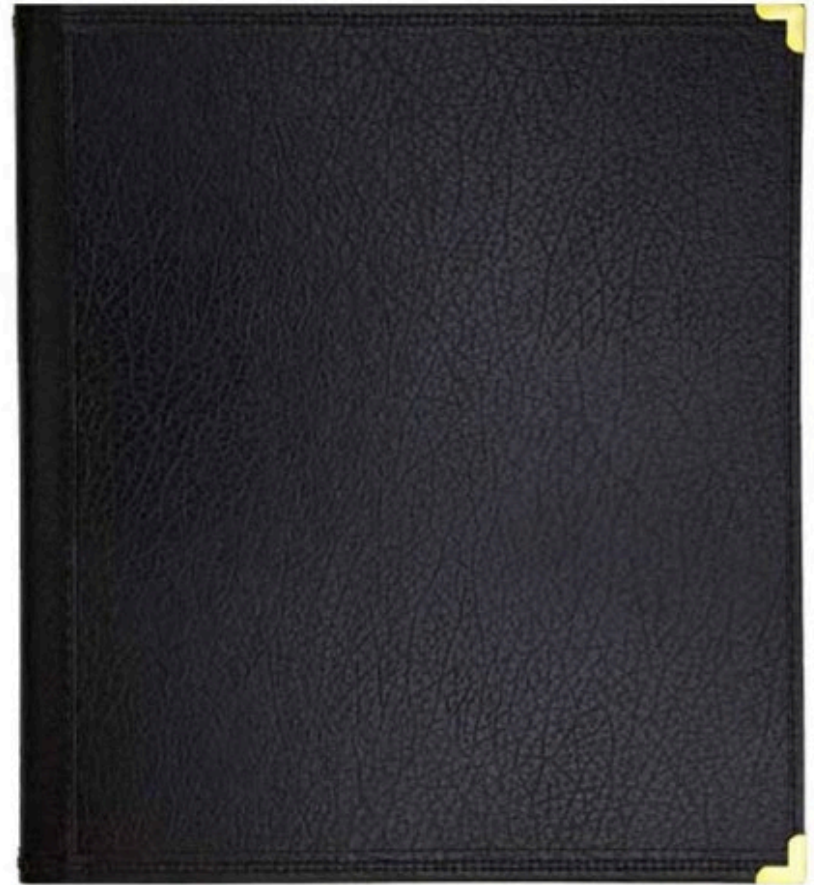


Purchased books may be
picked-up in the music
Office – Rm 102
- Bring receipt in
and start your savings!



Music Folders have arrived!

If you ordered a music folder, please come and pick-up today at lunch in the music office!



Music Uniform Orders have Arrived!!!!

For all Band (Concert and Beginners), Jazz Band, String (Orchestra),
Concert Choir, and Vocal Jazz Students.



Pick up uniforms
Weds, Oct. 22 and Thurs., Oct. 23
Music Room 103.

Note: you will only receive a uniform if payment has been made
Uniforms will not be distributed next week!

HWSS Fall Concert

Wednesday, October 29, 2025, 7:00 P.M.

Under the Direction of:
Mrs. K. Fester and Mr. R. Esau

Featuring HWSS Concert Bands, Jazz Bands,
Concert Choir, Vocal Jazz and String Orchestra.

Admission by Donation



Hallowe'en Black-out POE-m Contest



Ha!
English
puns *slay!*

Prizes!
\$50 or
\$25
Amazon
Cards!

To enter:

- Take a page from Edgar Allan Poe's stories from English bulletin board (Bridge)
- Black-out or conceal words, leaving only those words you want to keep to form a poem
- Paint, collage, colour-
-be creative!

Submit by Tuesday, October 28 to your English teacher (or Mr. Smith in room 213)

Hallowe'en Black-out POE-m Contest

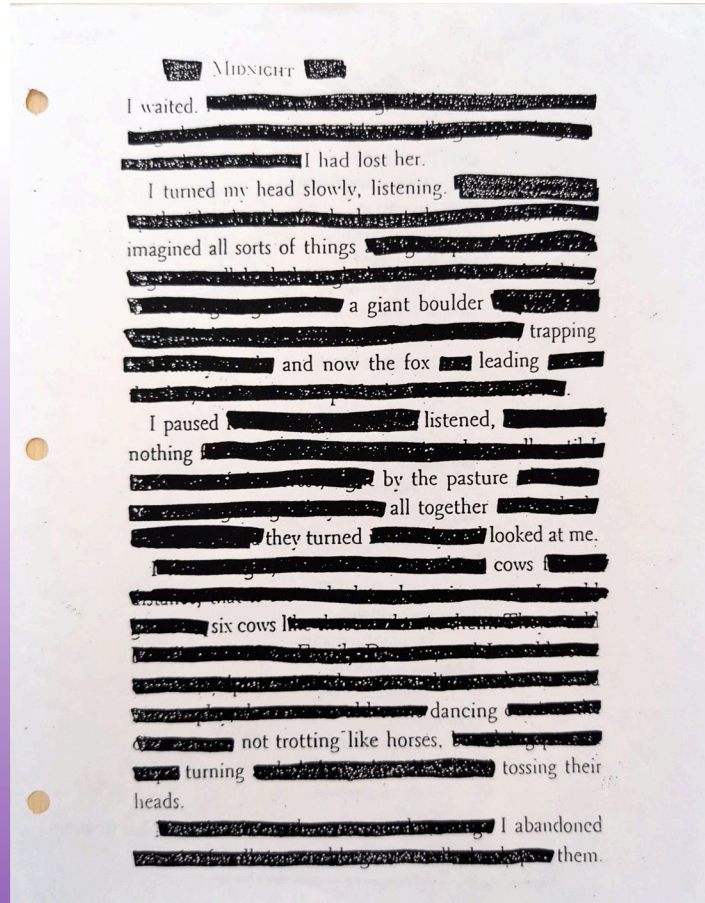
Rules:

- **Black out or conceal words from the photocopied text of Edgar Allan Poe's stories, found on the English bulletin board**
- **The words that remain visible become your POE-m!**
- **Prize Categories: Best Poem, Most Artistic, Best ELL poem**
 - **Prizes: \$50 and \$25 Amazon gift cards**

Submit by Tuesday, October 28 to your English teacher (or Mr. Smith in room 213)

Hallowe'en Black-out P O E - m Contest

Here's a sample
blackout poem,
undecorated:



Can you beat
this?

Submit by Tuesday, October 28 to your English
teacher (or Mr. Smith in room 213)

CALLING ALL CADETS

- IF YOU ARE IN CADETS (ANY BRANCH) AND WOULD LIKE TO PARTICIPATE IN THIS YEAR'S REMEMBRANCE DAY CEREMONY,
- PLEASE SEE MR. RUD IN ROOM 237 OR MRS. FESTER IN ROOM 102 TO SIGN UP.



CLUBS



PET PALS CLUB

TIMBITS AND DONUTS FUNDRAISER

THURSDAY, OCTOBER 23
@Lunch in the grand hall



Pre order-->



Supporting



KODIAK ATHLETICS



Grade 9 Girls / Junior Girls Basketball Tryouts

- Wednesday October 22 @ 8pm
- Friday October 24
from 12:15 to 1:45 pm



Upcoming Basketball at Heritage Woods



Friday Oct 24th

- 7-8:30 GR 9 Boys Tryout
- 8:30-10 SR Boys Tryout
- 2:30-4 Junior Boys Tryout

Sunday Oct 26th

- 10:30-12:30 Senior Boys Open Gym
- 12:30-2 Grade 9 Boys Tryouts
- 2-4 Junior Boys Tryouts

Calling all female KODIAKS

Are you interested in being apart of a brand new team at heritage?

*Join our first ever all
female hockey team*

you dont need to be a superstar
hockey player you just need a
positive attitude, comitment, and
some previous hockey
experience!

scan the QR code to show your interested!

Heritage Woods Girls Hockey
2025-26



CAREER CENTER



Post-secondary info sessions

- October 10 lunch Grand Hall
- October 14 lunch Room 109
- October 15 lunch Grand Hall
- October 17 lunch Room 109
- October 20 lunch Room 109
- October 23 lunch Grand Hall
- October 27 5pm Virtual
- October 29 lunch Grand Hall
- October 29 lunch Grand Hall
- Douglas College Info Table
- U Victoria info session
- SFU Applied Sciences Info Table
- SFU Beedie Info Session
- Uvic Gustavson Business info session
- U Guelph Info Table
- UBC PharmaSci Info Session
- Queen's University Info Table
- McMaster Info Table

COMMUNITY





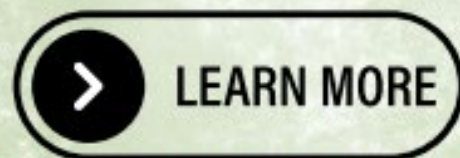
Strengthening Connections

**Empowering Indigenous Futures:
Explore, Connect, and Thrive!**

**Date: Wednesday, October 22 Time:
3:30pm-7:00pm Location: Coquitlam
Education Learning Centre (1080
Winslow Avenue)**

Strengthening Connections

Connect with Indigenous Recruiters from post-secondary institutions across BC at the Coquitlam Education Learning Centre!



<https://strengthening-connections.ca>



Door Prizes

Schools Attending

- UBC
- SFU
- UVic
- Inspire
- NVIT
- Langara College
- Douglas College
- Emily Carr University
- Native Education College
- JIBC
- Squamish Nation Trades

Plus others

Please see your Indigenous Youth Worker for more information

Royal LePage®
Shelter Foundation™
NIGHTLight
walk™

presented by TD

**VOLUNTEERS
NEEDED!**

Royal LePage®
Shelter Foundation™
NIGHTLight
walk™

Presented by TD

Sign Up To
Volunteer Now!



WE NEED HELP WITH:

- Course Volunteers
- Check In Booth
- Food and Drink
- Social Media
- Emcee Stage Assistance
- Event Set Up and Tear Down

The Royal LePage Shelter Foundation **Night Light Walk** is on **Thursday October 23rd** at **Town Centre Park - West Lawn**. We are looking for **12-20 energetic people** to help direct participants around the 3k course and help out at the event site (which includes setting up and taking down tents, tables and chairs).

The timeframe for the volunteer positions is from **5:30PM - 9:00PM**.

All volunteers will receive an exclusive Royal LePage® Shelter Foundation™ Night Light Walk™ red toque with built-in light and an LED glow bracelet.

Help shape Port Moody's future! Join a civic committee – apply online today

The City of Port Moody's civic committees advise City Council on a wide variety of important topics and issues. Help guide decisions on arts, climate action, parks, and more.

▶ **New for 2025!** Apply for a **Youth Seat** to share your voice with City Council.



Apply at **portmoody.ca/committees** by November 12, 2025.